



HEALTHY MASTERS FORUM

INTERNATIONAL
CONFERENCE

THE HOPE
FOR A LONGER
HEALTHIER LIFE

November 11th and 12th, 2023

www.healthymasters.net



DEAR READER

Thank you for reading these words and for your contribution for making humans healthier, happier, and long-living. Our community is growing and becoming more vibrant every single day, and with your support we aim to achieve every corner of the world.

At Healthy Masters you find a global group of like-minded people, and future partners, with new perspectives and an unshakeable hope for a longer healthier life, which will empower you to achieve your bigger dreams. Your collaboration and participation in our events is a key part of our strategy. Together we will have a global impact.

Our event is reaching people from several countries worldwide... We would like to thank you, and let you know that we consider you as part of the Healthy Masters' community. We are beyond grateful for your support, there-

fore hoping we can have you even more involved with Healthy Masters. Certainly we have so much to achieve together.

We believe that together, with your support, we can help solve many global problems, such as degenerative diseases, Parkinson, and, eventually, even social security. All this while protecting our most valuable asset: our lives and the lives of those we love. We believe that together, with every single one of you, we will have the capacity to shape the future of human longevity and human health throughout the planet. On behalf of the entire team of Healthy Masters, we would like to end this letter with a profoundly sincere "Thank You"... We are honoured to have you with us... Together we will accomplish our most ambitious goals.

Thank you,

Healthy Masters' team





OUR VISION

Healthy Masters provides people around the world the opportunity to hear the most remarkable leaders of different fields of health and longevity. Our purpose is to empower everyone to join our cause, and to provide everyone with the opportunity to learn from the top leaders in the fields of healthcare and longevity. It is one of our goals to empower people to take care of their own health and to optimize their health and their longevity to benefit from the treatments which will become available in the next decades. It is our mission, first of all, to educate everyone about aging and longevity also serving as a platform where everyone can have an active role bringing the benefits of a healthy life extension for society.

It is our goals to inspire and empower each participant to become an active agent in the fight

against aging and disease, and in the fight for happiness and good quality of life. We believe that everyone around the world will be able to have a contribution for our common goals. Regardless of where each participant lives, we are bringing everyone online, giving everyone the opportunity to participate in this cause, and giving everyone the opportunity to join this global effort, affordably, easily, and comfortably. Everyone can participate and dedicate as much time as possible without changing the regular daily life routines.

Our mission is to empower everyone to join our cause, by educating, and providing the proper tools for action, as well as by providing orientation and mentorship from the best in the world. We believe we will change the world... together...

EVENT VENUE

PORTUGAL

Portugal was recently considered, by the World Travel Awards, the World's Best Destination. Portugal history and culture, gastronomy and wines, are among the main attractions, not to mention the beaches, surfing, music festivals, golf, the varied landscapes and, above all, the Portuguese people, who are seen as affable, open and sincere.



Francisco Sá
Carneiro Airport
(Porto - Portugal)

AIRPORT

Francisco Sá Carneiro Airport (IATA: OPO, ICAO: LPPR) or simply Porto Airport is an international airport near Porto (Oporto), Portugal. It is located 11 km (6.8 mi) northwest of the centre of Porto, in the municipalities of Maia, Matosinhos and Vila do Conde.

BRAGA

Portugal's third-largest city is an elegant town laced with ancient narrow lanes closed to vehicles, strewn with plazas and a splendid array of baroque churches. The constant chiming of bells is a reminder of Braga's age-old devotion to the spiritual world. Its religious festivals – particularly the elaborately staged Semana Santa (Holy Week) – are famous throughout Portugal. But don't come expecting piety alone: Braga's upscale old centre is packed with lively cafes and trim boutiques. Just east of the city stands the magnificent, much-visited hillside church and sanctuary of Bom Jesus do Monte, one of Portugal's most iconic tourist attractions. Near Bom Jesus is the gorgeous Cathedral of Sameiro, with a unique view over the cit



Bom Jesus do
Monte Sanctuary
(Braga - Portugal)



**MELIÁ BRAGA
OTEL & SPA**
Braga
Portugal

MELIÁ BRAGA HOTEL & SPA

CAN YOU IMAGINE A PERFECT JOURNEY? WE ALREADY HAVE.

Meliá Braga Hotel & Spa is a true urban resort located in the heart of Braga, which stands out for its presence in the city centre. Located within walking distance of the main sights, such as the Sanctuary of Bom Jesus do Monte, the Cathedral of Braga, the Sanctuary of Sameiro and the Municipal Stadium of Braga Football Club enjoy your stay to experience the city more. The University of Minho is also within walking distance from the hotel. If you are an outdoor walker and want to enjoy true natural beauty, the Peneda-Gerês National Park is less than an hour's drive away.

Start now to plan your stay at the Meliá Braga Hotel & Spa. It has a wide range of rooms & suites to choose from. With 182 rooms, the hotel offers from the standard room, where you will find the comfort and quality of the Meliá brand, to the presidential suite, where you can live a true luxury experience. We also have family rooms prepared with all the amenities, to ensure the comfort of adults and children.



**MELIÁ BRAGA
OTEL & SPA**
Braga
Portugal

MELIÁ BRAGA HOTEL & SPA

Enrich your experience at Meliá Braga and try the chef's cuisine at the "El Olivo" restaurant. The specialities of the local gastronomy stand out, combined with a touch of modernity and sophistication. Be surprised by the size of our outdoor pool and take advantage of the sun loungers to enjoy the beauty and tranquillity of our garden. Enjoy also the El Spa & Health club, where you can find the perfect atmosphere to relax in our indoor pool, sauna, jacuzzi and Turkish bath, or you can take the opportunity to exercise in the gym. If you are travelling on business or wish to organise a private or corporate event, the hotel also has meeting rooms and all the necessary services to meet your needs.

The comfort and elegance of its rooms & suites, the beauty of its garden, outdoor pool, the surrounding atmosphere of its Spa, indoor pool and the quality of its cuisine combined with an excellent service, make this 5 star hotel the ideal option for you.



COMMUNITY MAP



CANADA

Toronto

BRAZIL

Florianópolis
Rio de Janeiro

UNITED STATES

San Francisco
Berkeley
New York
Boston
Phoenix
Texas
Florida

CHILE

Santiago

COLOMBIA

Bogota

COSTA RICA

San José

EQUADOR

Quito

PANAMA

Panama City

PERU

Peru

GERMAN

Berlin

HUNGARY

Budapest

IRELAND

Dublin

ITALY

Milan

NETHERLAND

Copenhagen

POLAND

Warsaw

PORTUGAL

Braga
Lisboa
Porto

SPAIN

Barcelona
Madrid

ISRAEL

Tel Aviv

PAKISTAN

Karachi

INDIA

Mumbai

SINGAPORE

Singapore

INDONESIA

Jakarta

JAPAN

Tokyo

S. AFRICA

Cape Town

NEW ZEALAND

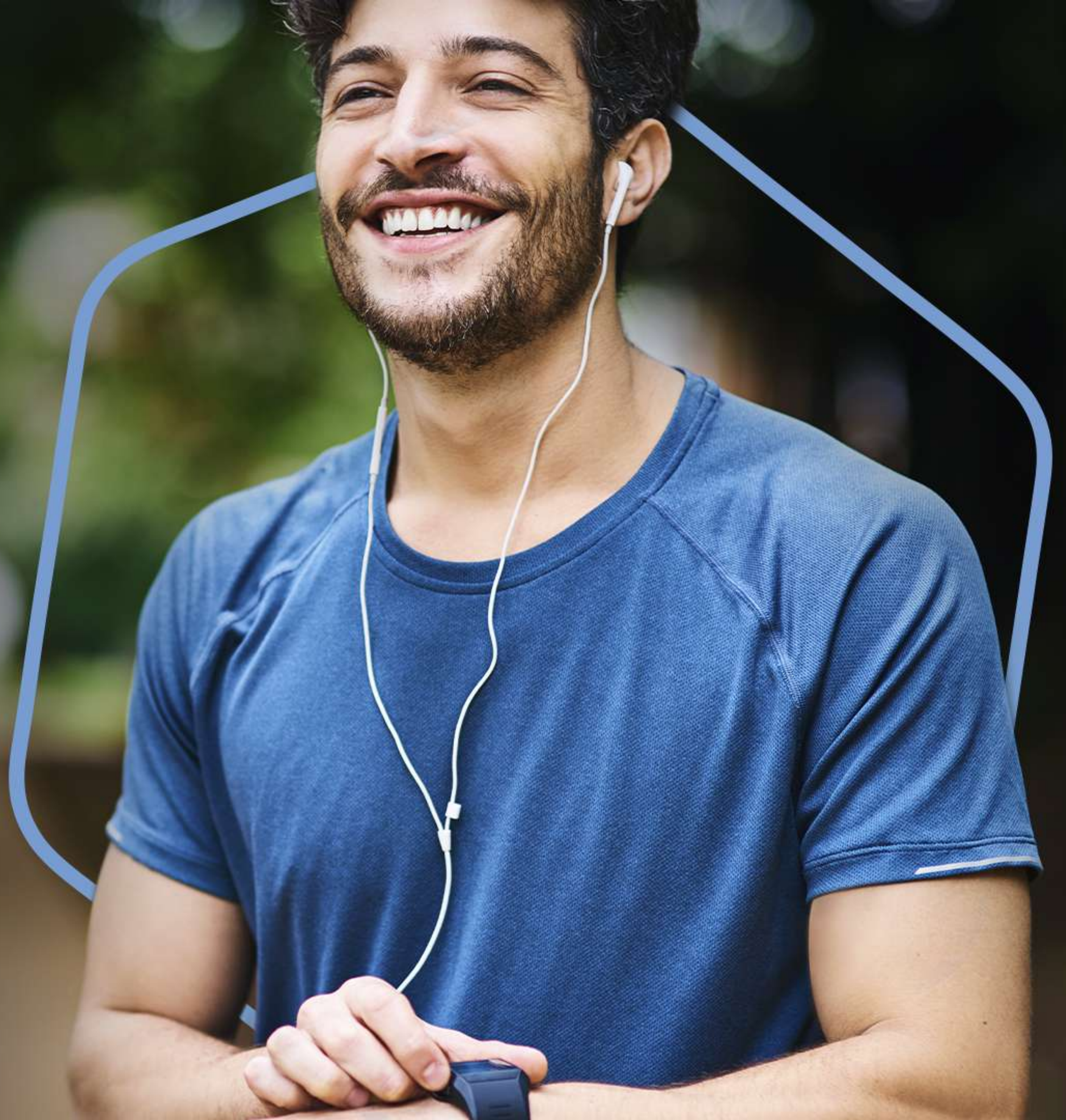
Christchurch



HEALTHY
MASTERS FORUM

PROGRAM OVERVIEW

www.healthymasters.net

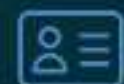


PROGRAM OVERVIEW SATURDAY

MORNING (LISBON | WEST TIME)

08:30am

REGISTRATION



09:00am

OPENING SPEECH



09:30am

TALK
ALEXANDER
PAZIOTOPOULOS, M.D.



10:00am

TALK
BRIGITTE HANLY, PH.D



10:30am

PANEL

- SABRINA STÖCKL
- YAEL SOREK-BENVENISTI
- ANDREA B. MAIER
- ANDREA DEL CAMPO
- MAX MORE, PH.D.
- TAYLOR BRAME
- ANASTASIYA GIARLETTA, M.A.



PROGRAM OVERVIEW SATURDAY

MORNING (LISBON - WEST TIME)

11:30am

TALK
STEVEN A. GARAN, PH.D.



12:00pm

TALK
JOSÉ LUIS CORDEIRO, MBA, PH.D.



12:30pm

PANEL
• BEN BEST
• BRIGITTE HANLY, PH.D
• DR. VALERIO DI NICOLA
• ALEX ZHAVORONKOV, PH.D.
• JEFFERY A. MARTIN, PH.D.



01:30pm

LUNCH TIME



PROGRAM OVERVIEW

SATURDAY

AFTERNOON (LISBON | WEST TIME)

02:30pm

TALK
STEVE PERRY



03:00pm

TALK
PAUL A. SPIEGEL, J.D.



03:30pm

TALK
BILL ANDREWS, PH.D.



04:00pm

- PANEL**
- MOSS JACKSON, PH.D.
 - JOZEF HRNCIRIK, M.D.
 - CAIRN ERFREULICHE IDUN
 - BRIAN DELANEY
 - VERA GORBUNOVA
 - THOMAS J. WEBSTER, PH.D.
 - PAUL EPPING, MSC
 - DAVID BRIN
 - LIZ PARRISH



PROGRAM OVERVIEW

SATURDAY

AFTERNOON (LISBON | WEST TIME)

05:00pm

TALK
PETE WORDEN, PH.D.



05:30pm

TALK
NATASHA VITA-MORE, PH.D



06:00pm

TALK
WILLIAM FALOON



06:30pm

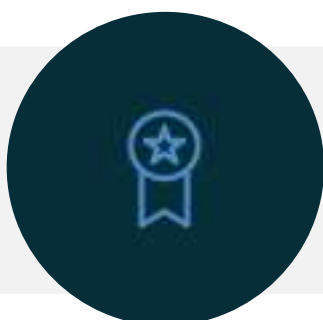
PANEL

- AUBREY DE GREY
- BÁRBARA QUINTELA, PH.D.
- HARISH CONSUL
- JAMES HUGHES PH.D.
- PETE WORDEN, PH.D.
- MARIA ENTRAIGUES ABRAMSON
- INES O'DONOVAN, PH.D. & MBA
- DENISA RENSEN
- JOSH MITTELDORF, PH.D.



07:30pm

CLOSING SPEECH



MORNING (LISBON | WEST TIME)

PROGRAM OVERVIEW SUNDAY



TALK
GREGORY FAHY, PH.D.

09:00am



TALK
BÁRBARA QUINTELA, PH.D.

09:30am



TALK
TORREY SMITH

10:00am



PANEL

- CHRISTINE LEMSTRA
- ODETTE TONNAER
- TALIA MALKA
- EVELYNE BISCHOF, MD
- ANDREA B. MAIER

10:30am



TALK
ALEX ZHAVORONKOV, PH.D.

11:30am

OBSERVATION: Program subject to changes. Healthy Masters reserves itself the right to change the program at anytime.

MORNING (LISBON | WEST TIME)

PROGRAM OVERVIEW SUNDAY



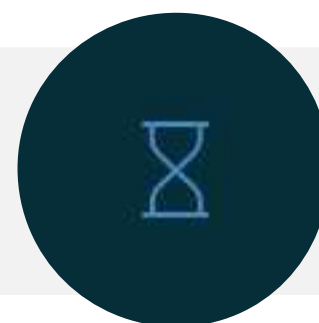
TALK
ELSA LOGARINHO, PH.D.

12:00pm



PANEL
• STEVEN A. GARAN, PH.D.
• NATASHA VITA-MORE, PH.D
• JOSÉ LUIS CORDEIRO, MBA, PH.D.
• JACOB SPIELGEL
• PAUL A. SPIEGEL, J.D.

12:30pm



LUNCH TIME

01:30pm

OBSERVATION: Program subject to changes. Healthy Masters reserves itself the right to change the program at anytime.

AFTERNOON (LISBON | WEST TIME)

PROGRAM OVERVIEW SUNDAY



TALK
BEN BEST

03:00pm



TALK
LIZ PARRISH

03:30pm



PANEL

- MICHAEL WEST, PH.D.
- STEVE PERRY
- CHIP WALTER
- ILIA STAMBLER, PH.D.
- BORIS CARÍKĚO AGUILERA, PH.D.
- INES O'DONOVAN, PH.D. & MBA

04:00pm



TALK
MOSS JACKSON, PH.D.

05:00pm

OBSERVATION: Program subject to changes. Healthy Masters reserves itself the right to change the program at anytime.

AFTERNOON (LISBON | WEST TIME)



PROGRAM OVERVIEW SUNDAY



TALK
ALESSANDRA ZONARI, PH.D.

05:30pm



TALK
AUBREY DE GREY, PH.D.

06:00pm



PANEL

- ALEXANDER PAZIOTOPOULOS, MD
- TORREY SMITH
- RUDI HOFFMAN
- DOMENICO SCIAJNO
- EMELI ERICSSON
- BILL ANDREWS, PH.D.
- ELSA LOGARINHO, PH.D.

06:30pm



CLOSING SPEECH

07:00pm

OBSERVATION: Program subject to changes. Healthy Masters reserves itself the right to change the program at anytime.



SPEAKERS

Welcome... To The Amazing Group
Of Healthy Masters

www.healthymasters.net





AUBREY DE GREY PH.D.

Dr. Aubrey de Grey is a biomedical gerontologist based in Mountain View, California, USA, and is the Chief Science Officer of SENS Research Foundation, a California-based 501(c)(3) biomedical research charity that performs and funds laboratory research dedicated to combating the aging process. In addition, he is Editor-in-Chief of Rejuvenation Research, the world's highest-impact peer-reviewed journal focused on intervention in aging. He received his BA in computer science and Ph.D. in biology from the University of Cambridge. His research interests encompass the characterisation of all the types of self-inflicted cellular and molecular damage that constitute mammalian aging and the design of interventions to repair and/or obviate that damage. Dr. de Grey is a Fellow of both the Gerontological Society of America and the American Aging Association, and sits on the editorial and scientific advisor

boards of numerous journals and organisations. He is a highly sought-after speaker who gives 40-50 invited talks per year at scientific conferences, universities, companies in areas ranging from pharma to life insurance, and to the public. He has developed a possibly comprehensive plan for such repair, termed Strategies for Engineered Negligible Senescence (SENS), which breaks aging down into seven major classes of damage and identifies detailed approaches to addressing each one. A key aspect of SENS is that it can potentially extend healthy lifespan without limit, even though these repair processes will probably never be perfect, as the repair only needs to approach perfection rapidly enough to keep the overall level of damage below pathogenic levels. Dr. de Grey has termed this required rate of improvement of repair therapies "longevity escape velocity".



Founder of SENS Research
Foundation



Dr. S. Pete Worden (Brig. Gen., USAF, ret.) was the NASA Ames Research Center Director.

PETE WORDEN

Dr. S. Pete Worden (Brig. Gen., USAF, ret.) was the NASA Ames Research Center Director. Prior to becoming Director, Dr. Worden was a Research Professor of Astronomy, Optical Sciences and Planetary Sciences at the University of Arizona where his primary research direction was the development of large space optics for national security and scientific purposes and near-earth asteroids. Additionally he worked on topics related to space exploration and solar-type activity in nearby stars. He is a recognized expert on space issues—both civil and military. Dr. Worden has authored or co-authored more than 150 scientific technical papers in astrophysics, space sciences, and strategic studies. Moreover, he served as a scientific co-investigator for two NASA space science missions.

In addition to his former position with the University of Arizona, Dr. Worden served as a consultant to the Defense Advanced Research Projects Agency (DARPA) on space-related issues. During the 2004 Congressional Session Dr. Worden worked as a Congressional Fellow with the Office of Senator Sam Brownback (R-KS), where he served as Senator Brownback's chief advisor on NASA and space issues.

Dr. Worden retired in 2004 after 29 years of active service in the United States Air Force. His final position was Director of Development and Transformation, Space and Missile Systems Center, Air Force Space Command, Los Angeles Air Force Base, CA. In this position he was responsible for developing new directions for Air Force Space Command programs and was instrumental in initiating a major Responsive Space Program designed to produce space systems and launchers capable of tailored military effects on timescales of hours.

Dr. Worden was commissioned in 1971 after receiving a Bachelor of Science degree from the University of Michigan. He entered the Air Force in 1975 after graduating from the University of Arizona with a doctorate in astronomy. Throughout the 1980s and early 1990s, Dr. Worden served in every phase of development, international negotiations and implementation of the Strategic Defense Initiative, a primary component in ending the Cold War. He twice served in the Executive Office of the President. As the staff officer for initiatives in the George Bush administration's National Space Council, Dr. Worden spearheaded efforts to revitalize U.S. civil space exploration and earth monitoring programs.

ALEXANDER PAZIOTOPOULOS, MD



Alexander Paziotopoulos, MD, FAARFM takes a solution-based approach to healing the physical, mental, and emotional health of his patients at The Pazio Institute in the West Loop neighborhood of Chicago. As a specialist in anti-aging, regenerative, and functional medicine, Dr. Paziotopoulos incorporates a variety of disciplines into his practice to ensure individuals, especially those over 50, enjoy a long and happy life. He values building the long-term relationships necessary to co-create a roadmap for longevity and good health. As a fellowship-trained physician, Dr. Paziotopoulos has experience in addressing numerous health issues with the most innovative treatment options. However, he puts focus on the preventive methods available to slow down, or even reverse, the progress of aging. Dr. Paziotopoulos is as committed to his preventive medicine programs as his patients are, dedicating his time to ensure the highest-quality results.

After receiving his medical degree from St. Matthew's University School of Medicine in the Cayman Islands, Dr. Paziotopoulos finished his residencies in family

practice at Mercer University and the Medical Center of Central Georgia, both in Macon, Georgia. Dr. Paziotopoulos continued his education by completing a fellowship in anti-aging, regenerative, and functional medicine at the American Academy of Anti-Aging Medicine. He also achieved an advanced fellowship in stem cell therapeutics through the Metabolic Medical Institute, with the vision to improve the quality and length of life of his patients. While anti-aging and age reversal medicine isn't inexpensive and does require a time commitment of a year minimum, the results Dr. Paziotopoulos can provide are priceless. With each therapy, he dedicates quality time working closely with each patient's program to achieve optimum results. Dr. Paziotopoulos offers both a-la-carte services and comprehensive packages to accommodate individual needs and goals.

When not working with his patients, Dr. Paziotopoulos practices Ashtanga yoga and Shaolin kung fu, two practices that help him maintain his own state of health and vibrancy.



CEO The Pazio Institute SCI-
ENCES USA Inc.

BILL ANDREWS, PH.D.



President and CEO of Sierra Sciences.

Dr. Bill Andrews is the Founder and CEO of Sierra Sciences, a company focused on finding ways to extend human lifespan and health span through telomere maintenance. Telomeres are found at the tips of our chromosomes and have been shown, in thousands of scientific peer-reviewed studies, to be the clock of aging in humans. When telomeres get shorter, we get older, and our health declines.

As a scientist, athlete and executive, Bill continually pushes the envelope and challenges convention. He has been featured in Popular Science, The Today Show and numerous documentaries on the topic of life extension including, most recently, the movie The Immortalists in which he co-stars with Dr. Aubrey de Grey. See www.theimmortalists.com/watch. Bill is known for being a scientist first, focusing on scientific research, allowing others, instead, to market the products that his company discovers.

Bill has been a medical researcher in biotech since 1981, focusing on cancer, heart disease, and inflammation research, though his passion has always been aging. In the early-to-mid 1990's, while at Geron Corporation, Bill led the research to discover both the RNA and protein components of the human enzyme called telomerase. This enzyme is responsible for preventing telomeres from shortening in human reproductive cells, and this is why our children are born younger than we are even though they come from our old cells. Introducing this enzyme to lengthen telomeres in all our

cells, not just our reproductive cells, to reverse aging and declining health due to aging, is the principal goal of Sierra Sciences.

Sierra Sciences does not do research on animals, choosing to focus primarily on humans. Nonetheless, other labs using Sierra Sciences technologies have shown that lengthening telomeres, using the enzyme telomerase, can provide significant health benefits including reversal of aging and declining health in every way imaginable. An interview by Diane Sawyer describes the results from an animal study done at Harvard.

See <https://www.youtube.com/watch?v=Np7cR7Z6UGA>. Bill is presently conducting a clinical study on humans using the same technologies applied successfully to animals. The first patient is scheduled to be treated in early May of 2019.

Bill was awarded 2nd place as "National Inventor of the Year" in 1997 for his cancer research. Bill earned his Ph.D. in Molecular and Population Genetics at the University of Georgia in 1981. He then served as Senior Scientist at Armos Corporation and Codon Corporation, Director of Molecular Biology at Berlex Biosciences and at Geron Corporation, and Director of Technology Development at EOS Biosciences, before starting Sierra Sciences in 1999 where he now serves as President & CEO as well as Chief Scientific Officer. Bill is also a named inventor on over 50+ US-issued patents on telomerase and author of numerous scientific research studies published in peer reviewed scientific journals.



LIZ PARRISH

Elizabeth Parrish is the Founder and CEO of BioViva, a company committed to extending healthy lifespans using cell technologies. Liz is a humanitarian, entrepreneur, innovator, and a leading voice for genetic cures. As a strong proponent of progress and education for the advancement of regenerative medicine modalities, she serves as a motivational speaker to the public at large for the life sciences. She is actively involved in international educational media outreach and is a founding member of the International Longevity Allian

(ILA). She is an affiliated member of the Complex Biological Systems Alliance (CBSA), which is a unique platform for Mensa based, highly gifted persons who advance scientific discourse and discovery. The mission of the CBSA is to further scientific understanding of biological complexity and the nature and origins of human disease. She is the founder of BioTrove Investments LLC and the BioTrove Podcasts which is committed to offering a meaningful way for people to learn about and fund research in regenerative medicine.



Founder and CEO of BIOVIVA
SCIENCES USA Inc.



Founder and CEO at Insilico
Medicine.

ALEX ZHAVORONKOV, PH.D.

Alex Zhavoronkov, PhD, is the founder and CEO of Insilico Medicine (insilico.com), a leader in next-generation artificial intelligence technologies for drug discovery and biomarker development. He is also the founder of Deep Longevity, Inc, a spin-off of Insilico Medicine developing a broad range of artificial intelligence-based biomarkers of aging and longevity servicing healthcare providers and life insurance industry. In 2020 Deep Longevity was acquired by Regent Pacific (HK: 0575) resulting in 3X+ increase in stock price since acquisition. Since 2015 he invented critical technologies in the field of generative adversarial networks (GANs) and reinforcement learning (RL) for generation of the novel molecular structures with the desired properties and generation of synthetic biological and patient data. He also pioneered the applications of deep learning technologies for prediction of human biological age using multiple data types, transfer learning from aging into disease, target identification, and signaling pathway modeling. Under his leadership Insilico raised over \$50 million in multiple rounds from expert investors, opened R&D centers in Baltimore, Shanghai, Taipei, Hong Kong, Moscow, and St Petersburg, and partnered with multi-

ple pharmaceutical, biotechnology, and academic institutions. Prior to founding Insilico, he worked in senior roles at ATI Technologies (GPU company acquired by AMD in 2006), NeuroG Neuroinformatics, Biogerontology Research Foundation. Since 2012 he published over 130 peer-reviewed research papers, and 2 books including "The Ageless Generation: How Biomedical Advances Will Transform the Global Economy" (Macmillan, 2013). He serves on the editorial boards of Trends in Molecular Medicine, Aging Research Reviews, Aging, Frontiers in Genetics, and founded and co-chairs the Annual Aging Research, Drug Discovery and AI Forum (8th annual in 2021), the world's largest event on aging in the pharmaceutical industry. He has two undergraduate degrees in computer science from Queen's University (Canada), Masters in Biotechnology from Johns Hopkins, and PhD in Physics and Mathematics from Moscow State University. In December 2020 he developed and launched an online Longevity Medicine Course for Physicians taken by over 3,000 medical professionals. He is the adjunct professor of artificial intelligence at the Buck Institute for Research on Aging. Citizen of Canada permanently residing in Hong Kong.



EVELYNE BISCHOF, MD


Prof. Evelyne Bischof is a chief physician associate of internal medicine at University Hospital Renji of Ji-aotong University Shanghai and concierge longevity physician for executive longevity patients.

Currently she is also affiliated with the International Center for Multimorbidity and Complexity in Medicine (ICMC), Universität Zürich, and was prev. senior physician of internal medicine at the University Hospital Basel. She is a Swiss board certified (FMH) trained in Europe, USA and China (Harvard Medical School affiliated hospitals (Mass General Hospital, Beth Israel MD, Dana Farber Institute) and Columbia University NYC; Tongji University hospitals, Shanghai and University Hospitals of Zurich and Basel (Switzerland).

Her research focus is oncology and longevity medicine, Artificial Intelligence (AI) and digital health, precision

medicine, biogerontology, and geronto-oncology. She published over 80 peer-reviewed papers, is frequent speaker at scientific and medical conferences in Asia and Europe. Long term member of various medical societies, e.g. European Federation of Internal Medicine, World Academy of Medical Sciences, Swiss Society of Internal Medicine etc.

Evelyne spent a decade practicing medicine, lecturing at medical schools and performing clinical and translational research in New York, Shanghai and Basel, with extensive experience in scientific research and clinical practice at the following well-known and highly reputable institutions: University Hospital of Basel, Fudan Cancer Institute and Hospital; Zhongshan Hospital, Renji Hospital and Shanghai East Hospital. She sits on several scientific and advisory boards of biotech and longevity hubs.



Associate professor, internal medicine specialist, Longevity physician at Human Longevity Inc.



COLLIN EWALD, PH.D.

Collin has a longstanding interest in the molecular biology of healthy aging and age-related pathologies.

He is the founder and currently the president of the Swiss Society for Aging Research (www.ssfar.ch). He has received multiple awards, including NYAS Future Entrepreneur recognized by the New York Academy of Sciences, and is named under the top 1000 Longevity Leaders worldwide and the top 15 Longevity Influencers in Switzerland.

Research interests: Our recent work has shown that many health- and longevity-promoting interventions re-activate the expression of extracellular matrix (ECM) genes during aging (Ewald et al., Nature 2015,

PMID:25517099). This ECM enhancement is required and sufficient for extending the lifespan of *C. elegans*. Our research efforts are focusing on exploring the mechanism(s) of how prolonged ECM homeostasis promotes healthy aging.

Expertise: *C. elegans* ECM, aging, protein aggregation, neurodegeneration (Alzheimer's disease), Insulin/IGF-1 signaling, NADPH oxidases, ROS, oxidative stress, automated lifespan assessment, genetic and chemical high-throughput screening.

Lab website: <http://ewaldlab.com>

Twitter: @CollinEwald



Extracellular Matrix Regeneration
Laboratory, Department of Health
Sciences and Technology.



ALESSANDRA ZONARI, PH.D.

Alessandra Zonari holds a Biological Sciences degree (2007) with Master (2010) and Ph.D. (2013) in Stem Cell and Regenerative Medicine by UFMG (Brazil). Her Ph.D. work was awarded “Best Thesis” by UFMG (Brazil). During her Ph.D. she worked at the Headquarter of the European Institute of Excellence on Tissue Engineering and Regenerative Medicine- 3Bs Research Group (Portugal), where she continued as a post-doc for a year. She also performed a second post-doc at the University of Coimbra (Portugal). Her expertise is in skin regeneration, stem cell differentiation, and tissue enginee

ing. During her period in Portugal, she co-founded Vetherapy, a biotech company that provides stem cell therapies to treat diseases for pets. At the beginning of 2017, Alessandra moved to San Francisco, CA to join the early team of OneSkin as a Co-Founder and Chief Scientific Officer. At OneSkin she has dedicated to understanding the mechanism that underlies the aging process and to develop science-based solutions that maximize our healthspan. She is a co-inventor of three patents and has published over 20 peer-reviewed papers in scientific journals.



Co-Founder and Chief Scientific Officer ONE SKIN.



DENISA RENSEN

Denisa Rensen is a fusion of the renaissance woman and the future femme. Her expertise in anti-aging & regenerative medicine is creatively fused with her passion for optimal living, consciousness expansion & futurism.

In the clinical setting, Denisa offers evidence-based and innovative medical solutions for metabolic health and functional longevity. She is the medical director of Stemaïd™ Institute, a world renowned medical & research center focusing in degenerative conditions, age reversal medicine and pluripotent stem cells. She supports the body's bioresilience via metabolic medicine, intravenous therapy, regenerative injections, highly regenerative pluripotent stem cells and exosomes. Her ex

pertise in longevity medicine is enriched with the fellowship in Anti-Aging & Regenerative Medicine, from the American Academy of Anti-Aging Medicine, A4M.

Denisa Rensen is also the founder and CEO of blissDesigned™ — a future-conscious, intelligent-luxe society for the future human. She designs & curates rejuvenative virtual programs, age reversal salons and global retreats — all in the goal of expanding lives for highest potential and deepest happiness. Through these programs, she aims high for us. Her goal is to design the human life not simply for health, but for bliss — the zenith of the human physical and metaphysical experience.



Age Reversal Expert, Longevity & Lifestyle Boutique Medicine, CEO blissDesigned™, Medical Director Stemaïd™ Institute.

STEVEN A. GARAN, PH.D.



Director of Bioinformatics at CREA and serves on it's Advisory Board.

Steven A. Garan is the Director of Bioinformatics at CREA and serves on it's Advisory Board, he is also a researcher at the Lawrence Berkeley National Laboratory. While at the University of California, Berkeley, he played a major role in the invention and the development of the Automated Imaging Microscope System (AIMS). While at UC Berkeley, Garan collaborated for many years with a group from Paola S. Timiras's lab, on the role that caloric restriction plays in maintaining estrogen receptor-alpha and IGH-1 receptor immunoreactivity in various nuclei of the mouse hypothalamus. Garan was also the director of the Aging Research Centre, and is a leading scientist in the field of aging research. His numerous publications, include articles on systems biology, the effects of caloric restriction on the mouse hypothalamus and on the Automated Imaging Microscope System (AIMS). He is best known for the coining of word "Phenomics", which was defined in an abstract titled: "Phenomics: a new direction for the study of neuroendocrine aging", that was published in the journal *Experimental Gerontology*.

Steven A. Garan, was the lead scientists that developed the AIMS system along with Warren Freitag, Jason Neudorf and members of the UC Berkeley lab where AIMS was developed and utilized. Many journals articles have been published about the system and the results

that it produced. Since the completion of the first version in 1998, newer versions were developed, with the final version being completed in 2007. Empowering investigators to accurately count specific cell populations is essential to all fields of neurobiology. While computer assisted counting technology has been in use for over a decade, advances in an Automated Imaging Microscope System (AIMS), now insure 97% accuracy when comparing computer counts to human counts for both nuclear and cytoplasmic stained tissue. More importantly, regional analysis can now be customized so that only cell populations within specified anatomic regions will be targeted for counting, thus reducing the background noise of non-immunoreactive cells when characterizing specific cell populations. This application was recently used to successfully map the density and distribution of both nuclear expressed estrogen receptor-alpha and cytoplasmically expressed IGF-1 receptor in specific hypothalamic nuclei. Furthermore, AIMS can now detect intra-hypothalamic differences in receptor expression and measure phenomenon such as lateralization. By using this technology, the evaluation of tissue-level biology can be used to establish neuroendocrine biomarkers of aging, and analyze the neuroendocrine effects of caloric restriction and gene knockout models that extend the lifespan.

JOSÉ LUIS CORDEIRO, MBA, PH.D.



**Engineer, economist, futurist,
and transhumanist.**

José Luis Cordeiro Mateo is an engineer, economist, futurist, and transhumanist, who has worked on different areas including economic development, international relations, Latin America, the European Union, monetary policy, comparison of constitutions, energy trends, cryonics, and longevity. Books he has authored include *The Great Taboo*, *Constitutions Around the World: A Comparative View from Latin America*, and (in Spanish) *El Desafío Latinoamericano* (“The Latin American challenge”) and *La Muerte de la Muerte* (“The death of death”).

Cordeiro was born in Caracas, Venezuela from Spanish parents who emigrated from Madrid during the Franco dictatorship.

Cordeiro obtained Bachelor of Science (B.Sc.) and Master of Science (M.Sc.) degrees in Mechanical Engineering at the Massachusetts Institute of Technology (MIT), Cambridge, USA. He subsequently studied International Economics and Comparative Politics at Georgetown University in Washington, USA, and obtained a Masters of Business Administration (MBA) at the Institut Européen d'Administration des Affaires (INSEAD) in Fontainebleau, France, majoring in Finance and Globalization. He started his doctoral degree at MIT, continued these studies in Tokyo, Japan, and in due course received his PhD at Universidad Simón Bolívar (USB) in Caracas, Venezuela.

After graduating, Cordeiro worked as a petroleum exploration engineer for Schlumberger. He next served as an advisor for many major oil companies, including BP, ChevronTexaco, ExxonMobil, PDVSA, Pemex, Petrobras, Shell and Total. Later, in Paris, he consulted for Booz Allen Hamilton as a specialist in strategy, restructuring, and finance.

Cordeiro has been an advocate of sound monetary policy and dollarization in Eastern Europe and Latin America^{[5][6]}. His 1999 book *La Segunda Muerte de Sucre* provided academic backing for the change from the sucre to the dollar as the currency in Ecuador, where he is regarded as one of the thought leaders of this transformation.

Cordeiro is an international fellow of the World Academy of Art and Science (WAAS), executive director of the Ibero-American Futurists Network, Venezuela Node Chair of The Millennium Project, vicechair of Humanity Plus, and former director of the Club of Rome (Venezuela Chapter), the World Transhumanist Association and the Extropy Institute. He has also been invited faculty at institutions like the Institute of Developing Economies IDE – JETRO in Tokyo, Japan, the Monterrey Institute of Technology in Mexico, Singularity University at NASA Ames in Silicon Valley, California, the Moscow Institute of Physics and Technology (MIPT) and the Higher School of Economics in Russia.



Yael SOREK-BENVENISTI

Currently CEO of Mediterranean Towers Ventures, a corporate venture capital program that invests in early-stage technology companies developing disruptive solutions for aging – the fastest growing population segment around the world. Chairperson of Technologies of Aging Well – Society of Electrical and Electronic Engineers in Israel, Aging 2.0 Israel, since 2011. Founder of the Israeli entrepreneurial ecosystem of the Aging Tech space, and represent Aging2.0 organization. Over the years, I have developed and built networks of contact with international cooperation in order to export the Israeli innovation and to have international corporations and investors to notice Israeli activities.

For the past 9 years, I have been a board member of the Israel Gerontological Society, which combines the various disciplines working with the elderly population. The Israel Gerontological Society is a member of the International Organization of Gerontology and operates as a part of the European branch. For the past 8 years, I have served as a business and marketing consultant to

companies on issues relating to the health, quality of life and leisure pursuits of the elderly and as a mentor for startups and projects dealing with elderly population challenges in several accelerators program in Israel. Throughout the years, I have organized and served as the chairperson/ lecture in local and international conferences, I was involved in writing a number of policy papers (local and internationals) and worked to promote municipal, national and internationals programs/ implementation of technologies for the welfare of the elders.

For eight years, I managed the professional health services in a chain of nursing and retirement homes “Association of Israelis of Central European Origin” Also, I was in charge of development and implementation of projects (2004-2012) Member of the Israeli Leadership forum. Member of Povaddo Panel-global opinion leader research panel. Member of advisory board – Haifa municipality innovation and economic corporation.




CEO of Mediterranean Towers Ventures.



ANDREA B. MAIER

Andrea Maier, a Fellow of the Royal Australasian College of Physicians (FRACP), graduated in Medicine (MD) 2003 from the University of Lübeck (Germany), was registered 2009 in The Netherlands as Specialist in Internal Medicine-Geriatrics and was appointed Full Professor of Gerontology at Vrije Universiteit Amsterdam (The Netherlands) in 2013. She was the head of Geriatrics at the Vrije Universiteit Medical Center from 2012 to 2016. From 2016 to early 2021 Professor Maier served as Divisional Director of Medicine and Community Care at the Royal Melbourne Hospital, Australia, and as Professor of Medicine and Aged Care at the University of Melbourne, Australia. She continued her career at the National University of Singapore as Co-Director of

Centre for Healthy Longevity. Professor Maier's research focuses on unraveling the mechanisms of ageing and age-related diseases. During the last 10 years she has conducted multiple international observational studies and intervention trials and has published more than 300 peer-reviewed articles, achieving an H index of 54, spearheading the significant contributions of her highly acclaimed innovative, global, multi-disciplinary @Age research group. She is a frequent guest on radio and television programs to disseminate aging research and an invited member of several international academic and health policy committees. She currently is the President of The Australian and New Zealand Society for Sarcopenia and Frailty Research.



Co-Director at Centre for Healthy Longevity, National University Health System; Oon Chiew Seng Professor in Medicine, Healthy Ageing and Dementia Research, National University of Singapore.

PAUL A. SPIEGEL, J.D.



Attorney in private practice in
San Francisco, California.

Paul Spiegel is a thought leader, an international speaker, a business consultant and a longtime activist in the fields of longevity and transhumanism. Paul studied European and Asian history and languages at Berkeley. He trained in international business law at Harvard and U.C. Berkeley, has lived, worked and studied in Europe, Asia and Latin America, has traveled to 108 countries and speaks five languages, plus others he has learned and largely lost from lack of use. Possessing a broad cross-cultural understanding and experience rare in Americans and uncommon in others, Paul has advised and counseled international business ventures since 1983. He presently holds a diplomatic post as Honorary Consul for the Republic of San Marino.

Paul is a board member of the Life Extension Advocacy Foundation the American Longevity Alliance and Humanity Plus, and is a former board member of the International Longevity Alliance. He is a legal advisor to the U.S. Transhumanist Party the Lifeboat Foundation and the Brain Preservation Foundation, he is a member of Health Extension and carboncopies.org, and he provides legal counsel for many longevity-related and transhumanist enterprises. As Honorary Consul, Paul serves the Republic of San Marino, the world's oldest republic, in the San Francisco Bay Area, California and three Southwestern states.

As an attorney specializing in business law and longevity biomedicine, Paul has counseled and consulted for the longevity community since 2006. His San Francisco firm, Eclectic Law, provides general counsel services to startups and established companies in biotechnology, longevity medicine and other fields. He is founder of Libertas Biomedical, LLC, which seeks friendly venues for companies to promote longevity research and treatment with greater freedom than is allowed in the United States or the European Union. More generally, Libertas consults with businesses to maximize their international opportunities.

Paul graduated from the University of California, Berkeley in 1979, and from Berkeley Law School in 1983. He attended Harvard Law School, the University of Paris, Sorbonne, International Christian University in Tokyo and the Instituto de Estudios Mexicanos in Cuernavaca. He speaks several languages, including English, French, Spanish and Italian. Trained in international business law, he worked on Wall Street, on Montgomery Street and in Tokyo before entering private practice in San Francisco. Long an advocate of progressive ideas and legal causes, he has focused on longevity, transhumanism, regenerative medicine and the biology of aging.




NATASHA VITA-MORE, PH.D

Dr. Natasha Vita-More is a rare talent of ground-breaking accomplishment. She appears in more than two dozen televised documentaries, authors numerous articles and books about the future of humanity, achieved a scientific breakthrough, innovated the seminal whole-body prosthetic, and co-founded a global cultural movement. Called “An early adapter of revolutionary changes” (Wired, 2000), a “role model for super-longevity (Village Voice, 2001), and “Advocates the ethical use of technology to expand human capacities” (Politico, 2017), Ray Kurzweil states, “Natasha Vita-More is a very engaging, highly regarded, and dramatic speaker, writer, and thinker”.

Natasha focuses on the ethical use of technology and evidence-based science for addressing the questions and concerns humanity faces. These include mitigating aging, healthy longevity, AI-human interfaces, robotics,

nanotechnology and information tech. Her experience in the field of foresight studies establishes principles and practices for assessing humanity's potential futures. Her proficiency as a professor of ethics has produced high-level scholarship toward understanding the challenges societies face.

Known for being the co-founder of the transhumanist movement, introducing the seminal field of human enhancement for longevity in academics, developing the theory of the regenerative generation, Natasha continues to speak and write about cultural, philosophical, and socio-political issues concerning what it means to be human, and the need for lifelong learning to better understand the current environment and our place in it and to develop trajectories for where we are headed in the near and distant future.



**Science, Society & Philosophy;
Author & Lecturer; University
Professor - Humanities: Innovation,
Ethics, AI Technology; Arts &
Sciences**

BORIS CARÍKĚO AGUILERA, PH.D.



**Engineer, technopreneur,
economist, academic, and fu-
turist.**

Boris Carikeo Aguilera is an electronic engineer, technopreneur, economist, academic, and futurist, who has worked on different areas including technology policy, sustainable development, Latin America, systems of innovation & entrepreneurship, public policy, health technologies, higher education, information technologies and Future Studies.

Carikeo was born in Tomé, Chile, from Mapuche stirpe, people from South America whose nation "The Wallmapu" existed in part of what is today Argentina and Chile.

Carikeo obtained his Engineer degree and Master of Science (MII) degrees in Industrial Engineering at the University of Concepcion (UDEC), Concepción, Chile. Obtained a Masters of Business Administration (MBA) at Bio Bio University. He subsequently studied his Master in Applied Economics at Georgetown University in Washington, USA, and at the International University of Andalucia, Spain, a specialization in Political science in iberoamerica. He started his doctoral degree in Policy and Management of Higher Educación at Untref Public University, Buenos Aires Argentina.

After graduating, Carikeo was responsible for the delivery of technologies in entrepreneur program in Morocco (North of África), Instructional designer at World

Bank project working for in five countries (Peru, Chile, Bolivia, Ecuador, Venezuela) from Andes región, and Tutor of courses and e-government projects through OAS – Sedi. (across all Latin America and caribien). As a consultant for higher educational institutions, he worked in knowledge management, future studies, Elearning, quality management, institutional design in Argentina, Peru, Brazil, Ecuador and El Salvador. He currently works for several universities as an academic and consultant.

Carikeo entered into the area of health in 2000, through information technologies, and in particular in hardware technology and in 2010 with information analysis using data mining and artificial intelligence to discover patterns of medical diagnosis, deductive models and drug preferences in Public health systems in Chile in the context of the academic activities.

At the same time, he entered into the topics of "longevity", "genomics" and "anti-aging" strategies, from the point of view of future studies and the impact of technological change, at the level of health care institutions , vocational training, social security systems, employment, health policies and innovation models and economic evaluation of the pharmaceutical industry, developing critical analysis and presentations:



MOSS JACKSON, PH.D.

Dr Moss Jackson is Founder and Clinical Director for the Center of Psychological Services in Bryn Mawr, Pa. he is a clinical psychologist and success coach who specializes in helping his clients to rewire their brains for success and happiness. He is an accomplished writer, lecturer and life coach. He has written several books, including "Navigating For success," "I Didn't Come To Sa Goodbye: Navigating the psychology of Immortality,"

and "Seeing the Light While Living With Cancer." He is an Amazon best seller. He was a presenter of the first RAADfest Conference in 2016 where he discussed the epidemic of chronic stress disorder in the 21st century. His current work is focused on helping people to live well in order to live longer. He is a specialist in treating anxiety, trauma, PTSD and chronic stress disorder.



CEO of Center for Psychological Services in Pennsylvania.



BEN BEST

Ben Best has a Pharmacy degree (BSc Pharm) from the University of British Columbia. He has a BSc degree in Physics and Computing Science as well as a BBA degree in Accounting and Finance, both from Simon Fraser University. He received a Professional Registered Parliamentarian certification from the National Association of Parliamentarians.

He has received Instructor certification from the Canadian Red Cross as well as from the Heart & Stroke Foundation of Ontario. He is a Lifetime Member of American Mensa.

Best taught computer language courses at colleges and universities in Canada, and was a Senior Programmer Analyst for Scotiabank (Toronto).

Best was President of the Cryonics Society of Canada for most of the 1990s, helping to incorporate that organization. In 2001 he became President of the Society For Neural Cryobiology where he helped complete the first vitrification of hippocampal slices

(<https://www.ncbi.nlm.nih.gov/pubmed/16403489>).

From 2003 to 2012 Best was President and CEO of the Cryonics Institute. He authored the paper "Scientific justification of cryonics practice" (<https://www.ncbi.nlm.nih.gov/pubmed/18321197>) and "Cryoprotectant Toxicity: Facts, Issues, and Questions" (<https://www.ncbi.nlm.nih.gov/pubmed/25826677>).

Since 2012 Best has been Director of Research Oversight for the Biomedical Research & Longevity Society (BRLS, formerly Life Extension Foundation) which funds the research organizations 21st Century Medicine, Critical

Care Research, Suspended Animation, and Advanced Neural Biosciences. Working for BRLS Best has attended many conferences and written summaries for Life-Extension magazine (<https://www.benbest.com/life-ext/magazine/magazine.html>)



Ben Best is Director of Research Oversight for the Biomedical Research & Longevity Society



NUNO MARTINS, PH.D.

Nuno is a polymath, a researcher, an entrepreneur, and a life and health extension advocate. As a polymath, he usually likes to make use of different subject areas, drawing ideas and concepts from different bodies of knowledge to solve specific problems.

As an illustrative example, his published papers involve several fields of research, for example: quantitative neuroscience, computer science, nanotechnology, robotics, and others. Several previous education experiences have supported and nurtured his polymath approach to problems. As a researcher, he is interested in any scientific, engineering, or technological development with potential applications or consequences for healthy life extension. Along these lines, he is currently a focused on developing technologies for human healthy life extension.

In business, he created his own company to fund his education. Along the way, several academic awards and grants contributed to his necessary funding strategy. The growth of his original company permitted him to create a business group embracing a set of different companies that operate in a large spectrum of business sectors, including: business consulting, education,

information technologies, healthcare services, online sales, and several others.

On life extension related topics, early in his life, motivated to take control of his own health he decided to make several courses related to health-care, body training and nutrition. Thus, he completed several courses related to life and health care, for example, he is a swimming teacher, a professional tennis teacher, a body-building and aero- fitness teacher, a power-lifting professor, and he completed also several courses in nutrition and sleep optimization.

As public speaker Nuno participates in conferences and meeting providing high quality professional presentations in his style. One of Nuno's public appearances was on a groundbreaking large conference (attended by approximately one thousand attendees), where Nuno presented along with amazing celebrities, such as: the visionary billionaire Peter Nygard, the always inspiring Suzanne Somers, and the famous futurist Ray Kurzweil, among many other celebrities... Nuno makes easy the understanding of technical challenging subjects , making accessible to the general audience the most difficult problems.



Polymath, researcher, entrepreneur, and a healthy life extension advocate.



BRIAN DELANEY, PH.D.

Brian helped found the Calorie Restriction Society International, and has been its president for over twenty years. He has published a book on calorie restriction and longevity, with Lisa Walford, *The Longevity Diet*, as well as numerous articles on aging and life-extension. He recently became president of the Society for Age Reversal in order to help advance research into very near-term solutions to the problem of aging, and to make existing treatments of age-related maladies more widely available. He lectures frequently, focusing on recent research findings and how they can be applied today to our health maintenance and age-reversal regimens.

Brian helps scientists move from concept to initial company formation, and is a co-founder and partner

of the venture capital company Emergency Longevity Ventures.

After early, formative years studying science, Brian turned largely towards the humanities in his post-secondary education. He received an A.B. in music from Brown University, completed the requirements for a master's degree in sociology from the University of California at Berkeley, and is currently a doctoral candidate at the University of Chicago, working on a dissertation on nineteenth-century German philosophy. He has translated a number of texts in philosophy, including (with Sven-Olov Wallenstein), G.W.F. Hegel's *Phenomenology of Spirit*, from German to Swedish, for which he was awarded a prize from the Swedish Acad-



**President of the Society for Age Reversal
Head of the Laboratory of Biological Systems Simulation at MIT.**



CHRISTINE LEMSTRA

Christine Lemstra has always been passionate about living forever and helping create a brighter future.

She has studied Artificial Intelligence and enjoys a career in Financial Services. Christine is an enthusiastic self experimenter and cryonicist who believes in translating the latest scientific discoveries into practical lifestyle improvements.

Christine has been deeply involved with life extension from a young age. Christine is currently focusing her carrier in Financial Services.



Activist in Life Extension.



JAMES HUGHES PH.D.

James Hughes Ph.D., the Executive Director of the Institute for Ethics and Emerging Technologies, is a bioethicist and sociologist who serves as the Associate Provost for Institutional Research, Assessment and Planning for the University of Massachusetts Boston. He holds a doctorate in sociology from the University of Chicago, where he also taught bioethics at the cLean Center for Clinical Medical Ethics. Dr. Hughes is author of *Citizen Cyborg: Why Democratic Societies Must Respond to the Redesigned*

Human of the Future, and is working on a second book tentatively titled *Cyborg Buddha*. From 1999-2011 he produced the syndicated weekly radio program,

Changesurfer Radio.

Dr. Hughes is a Fellow of the World Academy of Arts and Sciences, and a member of Humanity+, the Neuroethics Society, the American Society of Bioethics and Humanities and the Working Group on Ethics and Technology at Yale University. He serves on the State of Connecticut Regenerative Medicine Research Advisory Committee (formerly known as the Stem Cell Research Advisory Board).

Dr. Hughes speaks on medical ethics, health care policy and future studies worldwide.



Executive Director of the Institute for Ethics and Emerging Technologies.



MARIA ENTRAIGUES ABRAMSON

Maria Entraigues Abramson is currently Director of Outreach for the SENS Research Foundation co-founded by Dr. Aubrey de Grey. She's been part of SRF since its founding days (2009) and before that, part of Methuselah Foundation (co-founded by Dave Gobel and Dr. Aubrey de Grey).

She is also a science and technology communicator and one of the leading voices in the field of Longevity, presenting every year at international conferences in the topic of Longevity and the future of health. Her passion and strong involvement in science and technology, combined with her skills in Public Relations and networking, positioned her as one of the main “connectors” in the field, in charge of building new critical relationships, spreading the word about the mission and raising funds for research.

She is also a singer, actress, composer, journalist, and private pilot.

Maria is a radical-change believer and spends her multifaceted life working on facilitating disruptive change to help the world. You can find her giving a scientific talk, singing live for thousands of people, composing

and acting for a Hollywood film, doing music journalism, writing about aging, or flying an airplane. But her main goal is to make sure one day aging doesn't mean to get sick.

She is also the co-founder of Longevity Bridge, dedicated to creating resources for optimal health – currently developing new assays to measure important biomarkers of aging.

She currently sits in the Boards of different organizations working towards a healthier and better future like the Coalition for Radical Life Extension, International Longevity Alliance, California Transhumanist Party and Lifeboat Foundation. She is also a member of The Three Hundred.

Maria is constantly being interviewed throughout the media as an Ambassador of radical life extension and Cryonics, as well as being featured internationally on different documentaries and TV shows.

You can read her newly published essay on aging in the book “The Transhumanism Handbook” among a number of other Longevity global leaders.

Director of Outreach for the
SENS Research Foundation.



CEO at GDF11 Rejuvenation,
Inc.

STEVE PERRY

Growth Differentiation Factor 11 (GDF11) is a naturally occurring peptide that has been cited in many papers as having an amazing capacity to restore aging muscles, hearts, brains and immune systems in mice. It has never been tested in humans until Steve Perry became patient zero on June 7, 2014.

Steve's path to GDF11 research started at the University of Pennsylvania with a degree in computer science in 1980. Since then, Steve has founded and sold several software/tech companies including Revelation Technologies (a database company) in 1992, PowerPay Software (a payroll company) in 1998 and CorporateRewards (a web based sales incentive company) in 2012.

After 40 years of tech/software development, Steve believes that all complex systems are highly programmed – if not, they fall to chaos quickly. The ultimate complex system, the human body, is highly programmed and aging is no exception. Steve believes that lifespan is programmed by natural selection based on a species' resources, predation and stability of their

environment.

Over the last six years, Steve and his company, GDF11 Rejuvenation.com, have worked with hundreds of GDF11ers and developed a dosing methodology that titrates the GDF11 dose to the “Big Four” biomarkers of blood pressure, pulse, heart rate variability and reaction time. Significant improvement in these simple biomarkers is almost always observed. Improvement in more sophisticated biomarkers such as naïve T cell count, augmentation pressure, C-reactive protein, intima-media thickness, etc. is also likely with GDF11 supplementation.

Steve is also a “biomarker activist” in the industry and believes all anti aging regimens should be required to show significant improvement in the “Big Four” biomarkers at the very least. And if a regimen cannot show significant improvement in these four simple biomarkers, then it is of little anti aging value and should be shelved.



RUDI HOFFMAN

Rudi Hoffman is author of “The Affordable Immortal: Maybe You CAN Beat Death and Taxes”, which clearly defines the concept, execution, and funding of cryo-preservation for humans called “Cryonics”.

Of the humans signed up and funded for cryonics, over 60% have accomplished this with the help of Hoffman financial Engineering. Hoffman’s financial practice is fo-

cused on the needs of the visionaries who sign up for cryonics, and how people of “normal” means can use the leverage of life insurance to afford both cryonics and cryonics estate planning. His second book, “The Cryonics Estate Planning Handbook: Maybe You CAN Take It With You” will be published in July of 2020.



CEO of Hoffman Planning



ODETTE TONNAER

She is a passionate business woman with an educational background in medicine.

Drawn to the extraordinary self-healing abilities of the body, she founded in 2005 a Day-Spa in Luxembourg City to promote longevity through treatments that support health without disrupting the body's natural intelligence.

It's about boosting the body's wonderful innate capacity to regenerate itself, to support its natural processes, relieve blockages and let energy flow. After all, the natural state of the body is health and that's what we seek to maintain. The highly-trained therapists look at the client's lifestyle, nutritional habits and needs in order to be able to offer the most beneficial tailored solutions. Among the clients there is a common desire to be physically fit and mentally sound. They understand the importance of setting aside time to care for their health and that engaging in alternative medicine can support general well-being.

Over the years she has come to be an expert whose

consultancy is sought after worldwide.

With great pleasure, and absolutely delighted, she started in 2019 the new YOAKE Healthy Lifestyle Expertise. Under the leadership of the specialists, carefully selected, Odette brought the vision of YOAKE to the next level. The new concept immerse the clients in vibrant breath-taking surroundings, authentic wellness retreats, complimented by a range of holistic therapies, to improve health and well-being, restore energy and embrace an intimate life-changing experience.

STIMULATING NATURAL HEALING POWERS

We live at a time of increased awareness of how to better take care of our bodies, from the quality of the food we eat to the products we use on our skin as well as the importance of activities such as yoga and meditation that help to destress body and clear the mind.

She is currently writing a book about the subject. The aim is not only to benefit the way you look, but enhance the way you feel, inside and out.



**Founder of YOAKE, the
Healthy Lifestyle Expertise.**



BRIGITTE HANLY

Dr Brigitte Hanly is the CEO and founder of Stemaïd Institute. An institute that paves the way for medical breakthroughs as the world's only whole body rejuvenation institute using standard & autologous pluripotent stem cells & exosomes. Their unique designation

allows them to present revolutionary treatments to patients seeking optimal health and quality of life. The Stemaïd Institute was the first company in the world to produce embryonic stem cells for therapeutic use.



CEO and Chief Scientist of
Stemaïd™ International.

INES O'DONOVAN, PH.D. & MBA



CEO of Jeunessima Magazine.
For busy Women who want
more Health, Happiness &
Longevity.

Ines O'Donovan, PhD & MBA, is the CEO of Jeunessima, the world's premier Lifestyle Company that helps busy women over 40 to be healthy, happy & successful ... and live longer.

Already as a small girl Ines has been bouncing around with loads of energy trying to coax secrets out of people on how to be, feel & look amazing and testing essential oils & 'secret' ingredients from the kitchen.

Being ever so curious she still looks for ever more effective ways fusing ancient wisdom & latest research to bring joy, agelessness, confidence & vitality into women's lives.

Since her late teens, Ines has been running wellbeing businesses, teaching, mentoring & coaching entrepreneurs, professional women & corporations. She even did a PhD & an MBA, published articles & books on topics like well-being, coaching, mentoring & leadership.

Today, Ines is the Editor-in-Chief of the JEUNESSIMA MAGAZINE reaching an audience of 100,000. The magazine is available on MagsFast <https://magsfast.com/Magazines/Jeunessima-Magazine/Latest>, the Apple newsstand <http://jeunessima.com/JMagiTunes> & on Android <http://jeunessima.com/JMagA>.

Ines brings together women who want to live healthier, happier, longer and the world's leading experts &

researchers like Dr Aubrey de Grey & Dr Bill Andrews, visionaries like James Strole & Bernadeane, practitioners like Dr Sandra Kaufmann and many others.

Ines is always looking out for and testing the latest technologies, products and approaches in health, anti-aging, biohacking and ... BioFinesse, a term Ines has coined translating the most effective techniques into simple ways that can easily be integrated into the daily life.

Women learn in easy & entertaining ways how to improve their lifestyle: mindset, health & wellness, bio finesse, nutrition, fitness, beauty & style, sex & relationships, ...

Ines is also a great public speaker inspiring people all over the world.

Her clients praise her for her holistic approach, her enthusiasm & her ability to zero in on major issues helping her clients move forward. She has been called inspirational, brilliant and even an Angel.

After all these years, Ines is still happy to bounce around transferring her positive energy & joy virus to the people working with her. And she would love to 'infect' you too.

Get in contact with Ines to see how she can help you.



ANASTASIYA GIARLETTA

Anastasiya is a Principal at the R42 Group, based in Silicon Valley and London, evaluating companies in longevity science and artificial intelligence. She also manages the R42 Institute, which mentors the next generation of founders in longevity and AI. Previously, Anastasiya co-founded Aikora Health, focused on the longevity biotech ecosystem. She holds a Master's degree in Sustainable Development from St. Andrews University.



Principal at R42 Group.



CAIRN ERFREULICHE IDUN

I am grateful for the supportive relationship that I have with the Life Extension Foundation, now Biomedical Research and Longevity Society . BRLS supports scientific research and educational endeavors related to healthy life extension. Examples of this support include The Young Cryonicists Gathering – Teens & Twenties (T2) and OSSSLAP. T2 helps keep the upcoming generation of young cryonicists both connected and informed regarding the latest evidence based scientific research.

OSSLAP (Options for Safe, Secure and Legal Asset Preservation for Post-Resuscitation Access) brings together senior members of the cryonics community with expert knowledge in multiple areas of asset preservation. Of course, your primary asset is your self. What is the science related to receiving an optimal cryo-preservation? Their diverse gifts of knowledge are made freely available via a book published on the Cryonics Society website.



Life Extension Foundation

DR. VALERIO DI NICOLA

Valerio Di Nicola M.D, PhD, FRCS, was born in Rome (Italy) and graduated in Medicine in 1989.

From 1989 until 1999 he worked at the Sapienza University-Policlinico Umberto I-Rome first as Specialty Trainee (ST) during his General Surgery Specialization and then, during his PhD in Microsurgery, he worked as Researcher and Academic. Specifically, he was engaged to research on Connective Tissue Regeneration activating residential MSCs through jellified nucleotides Pdrn, HSPs (Heat Shock Proteins) and Growth Factors (GFs).

In the next years, he improved his skills in Laparoscopic and Minimally Invasive surgical procedures (Fellowship of ACOI- Italian Surgeons Association). Afterwards, he increased his knowledge in Colorectal surgery with a Fellowship in "Minimally Invasive and Open Surgery in Colorectal Cancer".

Later he achieved a Master in Coloproctology at the Sapienza University-Policlinico Umberto I-Rome.

From 2006 to January 2010 he was Leader Consultant of the General Surgery Department at San Marco Hospital in Latina, Italy.

From February 2010 he was Consultant in General and Colorectal Surgery at the Israelite Hospital of Rome.

From November 2010 to June 2013 he worked as Consultant in General, Emergency and Trauma Surgery at

the Aurelia Hospital- Rome (DEA I) .

On May 2013, he was appointed Scientific Director of the Interbion Foundation for Basic Biomedical Research. Montedato, CH-6595 Riazzino, Switzerland (www.interbion.ch).

From July 2013 to October 2017 he worked at Noble's Hospital- Isle of Man (UK), in the General Surgery Department, as Consultant in General and Colorectal Surgery. Core member of the Colorectal and Upper-GI MDTs. Since June 2015 he was the leader of the Surgical Educational program, managing the Surgical Teaching meetings and the Mortality & Morbidity meetings.

On December 2015 he was appointed at Noble's Hospital, Leader of the Pediatric Surgery.

On July 2017 he was appointed Consultant in General, Emergency and Lower GI Surgery at West Sussex Hospitals NHS Foundation Trust. Worthing Hospital; BN112DH (UK).

On the February 2018 he has got the clinical Leadership of the Day Surgery at West Sussex Hospitals NHS Foundation Trust; Southlands Hospital; BN43 6TQ (UK).

On December 2018 he was recognized privileges to work privately at BMI Goring Hall Hospital, Worthing BN12 5AT (UK).



University Hospitals Sussex
(UHSussex) NHS Foundation
Trust



JOZEF HRNČIRIK, M.D.

Jozef Hrnčirik, M.D., now 74 year old, married to music teacher for 50 years, father to 2 daughters.

Born in Czechoslovakia.

Graduated from medical school in city of Brno / 1971 /.

I practiced general surgery for 14 years. Last 3 years of this period in city of Bizerte in Tunisia.

I emigrated with my family to France and later to Canada in summer 1985.

I became an emergency physician in 1986 after passing necessary exams / evaluating and licensing exam.

We lived in a beautiful town of Corner Brook, on the west coast of island of Newfoundland for almost 9 years.

In order to become a family physician I had to go through 2 years of training at Memorial Univ. in St. John's ... the most eastern part of North American continent.

Then / since 1995 / I practiced family medicine for 23 years in city of Miramichi in province of New Brunswick, Canada.

I retired in 2018 ... which means that I was " in the business " for 47 years!

Hobbies were a significant part of my life. I played soccer for years. Guitar playing – and later – singing with piano were important elements in coping with professional duties.

We travelled extensively. One can not forget relaxing times at sunny beaches / playing volleyball... / and very intense evening dances with my wife at the resort.



Independent Medical Practice Professional.



HARISH CONSUL

Harish Consul is the Founder & CEO of Ocgrow Group of Companies, which is a privately held investment group, focused in venture capital & real estate development. Harish has spent his entire career as an entrepreneur, in building, operating & investing in highly successful growth oriented business across North America & globally now, with over 35 years of investment experience. There have been in both public & private markets, in several industry sectors ranging from technology to real estate.

Ocgrow Ventures has been a leading early investor in several world class companies to date, including Amazon, Shopify, Coupang, Heliogen, Viome & many others. Harish is an innovator & creator, widely recognized for his visionary leadership and investment knowledge, always focused to build and inspire high energy teams. He is an active Board & Advisory Board member of several companies.



Founder & CEO, Ocgrow
Group



MAX MORE, PH.D.

Dr. Max More is an internationally acclaimed strategic philosopher widely recognized for his thinking on the philosophical and cultural implications of emerging technologies. Max's contributions include founding the philosophy of transhumanism, authoring the transhumanist philosophy of extropy, and co-founding Extropy Institute, an organization crucial in building the transhumanist movement since 1990. He served as President and CEO of the Alcor Life Extension Foundation, the world's leading cryonics organization, from 2011-2020 and is currently Alcor's Ambassador and President Emeritus.

Over the past three decades, Max has been concerned that our escalating technological capabilities are racing far ahead of our standard ways of thinking about future possibilities. Through a highly interdisciplinary approach drawing on philosophy, economics, cognitive and social psychology, and management theory, Max developed a distinctive approach known as the "Proactionary Principle"—a tool for making smarter decisions about advanced technologies by minimizing the dan-

gers of progress and maximizing the benefits. Max has a degree in Philosophy, Politics, and Economics from St. Anne's College, Oxford University (1984-87). He was awarded a Dean's Fellowship in Philosophy in 1987 by the University of Southern California and received his PhD in Philosophy from USC in 1995.

"We have a dreadful shortage of people who know so much, can both think so boldly and clearly, and can express themselves so articulately. Carl Sagan managed to capture the public eye but Sagan is gone and has not been replaced. I see Max as my candidate for that post." (Marvin Minsky)

Ray Kurzweil, author, inventor, and winner of the Presidential Medal for innovation in technology said: "Max More's ideas are very influential among other "big thinkers," who in turn are influence leaders themselves. Max's writings represent well-grounded science futurism and reflect a sophisticated understanding of technology trends and how these trends are likely to develop during this coming century."



Ambassador & President
Emeritus at Alcor Life Extension
Foundation.



ANDREA DEL CAMPO

Dr. del Campo is a Pharmaceutical Chemist from the University of Chile. He completed a Doctorate in Pharmaceutical Sciences at the Faculty of Chemical and Pharmaceutical Sciences of the same University. She has been Director of the School of Chemistry and Pharmacy at the Bernardo O'Higgins University (UBO), professor at the University of Santiago de Chile and the

University of Chile. Currently, Dr. del Campo is an academic at the Faculty of Chemistry and Pharmacy of the Catholic University of Chile, where she directs the Cellular Physiology and Bioenergetics Laboratory, whose research focus has been related to mitochondrial molecular mechanisms associated with resistance to insulin and more recently to ageing.

A light gray graphic element consisting of two overlapping teardrop shapes, serving as a quote icon.

Academic at the Faculty of Chemistry and Pharmacy of the Catholic University of Chile.




ILIA STAMBLER, PH.D.

Ilia Stambler, PhD, is the Chief Science Officer and Chairman of “Vetek” (Seniority) Association – the Movement for Longevity and Quality of Life (Israel <http://www.longevityisrael.org/>). He is a fellow at the Department of Science, Technology and Society, Bar Ilan University, Israel, where he has received his PhD. His research has focused on the historical and social implications of aging and longevity research. He has also been involved in mathematical modeling of aging and aging-related diseases. He is the author of the books “A History of Life-extensionism in the Twentieth Century” and “Longevity Promotion: Multidisciplinary Perspectives” (www.longevityhistory.com).

He is actively involved in advocacy for aging and longevity research, serving as an executive committee member of the International Society on Aging and Dis-

ease (ISOAD <http://www.isoand.org/>) and International Longevity Alliance (ILA <http://www.longevityalliance.org>; www.longevityforall.org), fellow at the Institute for Ethics and Emerging Technologies (IEET <https://ieet.org/>), fellow and policy director at the Global Healthspan Policy Institute (GHPI <https://healthspanpolicy.org/>).

He has published over 60 academic papers (journal articles and book chapters) including in Progress in Neurobiology, Aging and Disease, Cancer Detection and Prevention, Rejuvenation Research, Current Aging Science, Global Aging, Mechanisms of Ageing and Development, Frontiers in Genetics, Geroscience, The Lancet Healthy Longevity, Encyclopedia of Gerontology and Population Aging, Encyclopedia of Biomedical Gerontology, and other scientific journals and books.




Chief Science Officer at Vetek (Seniority) – the Movement for Longevity and Quality of Life (Israel).



TALIA MALKA

Talia Malka is an accomplished and multi-faceted healer. As one of only a handful of acupuncturists in the United States trained in the Dong Han Korean lineage, her extensive knowledge of pulse diagnosis gives her unique skills to diagnose and treat physical, emotional,

and spiritual issues. She has extensive training in both energetic healing techniques and body oriented therapies, and has taught a healing methodology based on Kabbalistic principles. She is also the creator of a pattern based healing technique.




Accomplished and multi-faceted healer. As one of only a handful of acupuncturists trained in the Dong Han Korean lineage.



BÁRBARA QUINTELA, PH.D.

Barbara de Melo Quintela holds a Doctor in Science degree in Computational Modelling from UFJF (Brazil) and has been working with mathematical models applied to health sciences for over a decade. She has worked as Visitor Research Assistant during the doctorate at the Los Alamos National Laboratory (NM/USA) where she focused on mathematical models to understand viral dynamics. After the doctorate she has also worked as a Research Fellow at the University of Bolo-

gna where she has collaborated with the design and development of a new version of the Virtual Physiological Human – Hypermodeling Framework (VPH-HFv3), a computational tool to orchestrate multiscale mathematical models for solid tumours. She became Assistant Professor at UFJF (Brazil) in 2018 and her research interests include multiscale modelling and the development of digital twins for in silico medicine and computational immunology



University Professor and
Researcher at UFJF/Brazil.
Algorithms, Data Structures and
Computational Immunology.



TAYLOR BRAME

Taylor Brame is the Director of International Research at ProMatura Group, LLC. ProMatura has been an international leader in market research for more than 30 years with clients across the globe. ProMatura has completed thousands of market research, market and financial feasibility studies, industry-wide research and large scale, in-depth, statistically valid consumer research studies relative to every form of age-qualified housing and has tested more than 3,000 products serving the 55+ consumer. Taylor has been leading ProMatura's global research and data acquisition efforts since 2015. He received his bachelor's degree from the University of Mississippi where he worked with the Cen

for Population Studies evaluating rural communities in Mississippi, served on the events committee for the International and American Student Alliance, was a global ambassador for the Office for Global Engagement, and raised funds from the Rebel Venture Capital Fund for his Unmanned Aerial Vehicle start-up, GoKaze. Today, Taylor participates in the Rising Leaders program of the American Seniors Housing Association and is a member of the Urban Land Institute and National Association of Home Builders. In addition to Taylor's professional career, he is a cryonics activist, member of Alcor, and serves as a co-trustee for the Stasis Foundation Charitable Trust.



Director of International Research at ProMatura Group.

JEFFERY A. MARTIN, PH.D.



Jeffery is an academic researcher, serial entrepreneur, technologist, and investor who specializes in advancing the highest forms of human wellbeing. For over a decade he has conducted the largest international study on Fundamental Wellbeing, which includes the types of consciousness commonly known as: enlightenment, nonduality, the peace that passeth understanding, unitive experience, and hundreds of other terms. This resulted in the first reliable, cross-cultural and pan-tradition classification system for these types of experience. More recently, he has used this research to make systems available to help people obtain profound psychological benefits in a rapid, secular, reliable, and safe way.

Jeffery is also the founder of the Transformative Technology space, which has grown to become a multi-billion dollar ecosystem that promotes the use of science and technology to substantially raise human mental and emotional wellbeing. He conceived of the space, co-founded the first academic TransTech lab, its first conference, taught the first university-level course, organized the earliest investor meetings, and many other firsts. He serves as a formal and informal advisor to a wide range of companies and other organizations in the space, is an active early-stage investor, and is a frequent public speaker on TransTech related topics.

In addition to his wellbeing work, Jeffery is a bestselling author and award-winning educator who has authored, co-authored, or co-edited over 20 books. The latest book on his research is *The Finders*. His work has regularly been featured at leading academic conferences worldwide, as well as major public forums such as Deepak Chopra's Sages and Scientists Symposium, Wisdom 2.0, H+, the Science and Nonduality Conference, the Asia Consciousness Festival, and TEDx. He has been covered in media as diverse as the South China Morning Post and PBS's *Closer to Truth*, and been an invited speaker at many top universities including: Harvard, Yale, University of London, and the National University of Singapore.

Jeffery is currently the Director for the Center for the Study of Non-Symbolic Consciousness, a Research Professor and Director at the Transformative Technology Lab in Silicon Valley, Dean of Research at the California Institute of Human Science where he also founded and directs the Laboratory for Consciousness Science, and a Lecturer and Adjunct professor at Stanford University. He was formerly the William James Professor of Consciousness Studies and Dean of Research at Sofia University and a visiting professor in the School of Design at Hong Kong Polytechnic University, among other appointments.

Scientist | Scholar | Best Selling Author | Entrepreneur



VERA GORBUNOVA

Vera Gorbunova is an endowed Professor of Biology and Medicine at the University of Rochester and a co-director of the Rochester Aging Research Center. Her research is focused on understanding the mechanisms of longevity and on the studies of exceptionally long-lived mammals. Dr. Gorbunova pioneered comparative biology approach to study aging. She elucidated the mechanisms that control evolution of tumor suppressor mechanisms. She uncovered the function of the longevity gene Sirtuin 6 in regulating genome

stability across species. She demonstrated the role of transposable elements in driving age-related inflammation. Her work received awards of from the Ellison Medical Foundation, the Glenn Foundation, AFAR, and NIH. Her work was recognized by the Cozzarelli Prize from PNAS, prize for research on aging from AD-PS/Aliaz, France, Prince Hitachi Prize in Comparative Oncology, Japan and Davey Prize from Wilmot Cancer Center.




Professor at University of
Rochester



THOMAS J. WEBSTER, PH.D.

Thomas J. Webster's (H index: 112; Google Scholar) degrees are in chemical engineering from the University of Pittsburgh (B.S., 1995; USA) and in biomedical engineering from RPI (Ph.D., 2000; USA). He has served as a professor at Purdue (2000-2005), Brown (2005-2012), and Northeastern (2012-2021; serving as Chemical Engineering Department Chair from 2012 – 2019) Universities and has formed over a dozen companies who have numerous FDA approved medical products currently improving human health. He is currently helping those

companies and serves as a professor at Hebei University of Technology, Saveetha University, Vellore Institute of Technology, UFPI, and more. Dr. Webster has numerous awards including: 2020, World Top 2% Scientist by Citations (PLOS); 2020, SCOPUS Highly Cited Research (Top 1% Materials Science and Mixed Fields); 2021, Clarivate Top 0.1% Most Influential Researchers (Pharmacology and Toxicology); 2022, Best Materials Science Scientist by Citations (Research.com); and is a fellow of over 8 societies.



Professor at Hebei University of Technology, Saveetha University, Vellore Institute of Technology, UFPI, and more.



TORREY SMITH

Endiatx is a med device OEM dedicated to ushering in the era of microrobotics inside the human body. Their first product, PillBot™, is a swimming robotic pill camera that utilizes a patent-pending quad-pumpjet propulsion system to allow Gastroenterologists to actively steer the robot around the human stomach with a live video feed.

Torrey Smith is a 14-year veteran of the med device

startup industry who has been fortunate enough to participate in 3 successful exits. Before co-founding Endiatx, he worked in the areas of endometrial ablation, atherectomy, sleep apnea, therapeutic hypothermia, and vascular closure. Besides his work in med device, Torrey is the founder of an international arts collective known as Sextant, and he has had his art featured in the Smithsonian.



Co-Founder & CEO - Endiatx.



EMELI ERICSSON

Emeli Ericsson is a Designer, Creative Consultant and the founder of {A Conscious Space} which offers conscious interior styling, guided meditations and women's circles in Stockholm and Berlin.

Her work is based on a respect for the environment, a genuine interest in her clients' needs and a strong

belief that our home environment affects our well being and vice versa. As within so without.

In her women's circles and guided meditations she focuses on self love and connecting to our innate knowledge, imagination, creativity and the healing power of beauty.



Designer, Creative Consultant and the founder of {A Conscious Space}.



SABRINA STÖCKL

Sabrina investment manager at btov Partners. As one of the largest and oldest venture capital firms in Europe, btov was founded in 2000 as an online matching platform named “BrainsToVentures” and has since pioneered venture capital investment solutions for private, corporate and institutional investors. Sabrina is part of btov’s Direct Investments team and works on the interface between btov funds and the btov network of business angels.

Previously, she gained over several years of work experience in investment banking, capital markets and private equity

After completing her Bachelor’s degree at WHU – Otto Beisheim School of Management, Sabrina worked for UBS Investment Bank in Frankfurt and London, serving institutional clients. She then returned to university and completed her Master in Management & Innovation at HEC Paris and TU Munich. During her studies in Munich, she worked closely with founders and start-ups and delved into secondary buyouts as an exit strategy as part of her Master’s thesis at the Chair of Entrepreneurial Finance.

At btov, she focuses on early-stage startup investments in the healthcare and life sciences space




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JOSH MITTELDORF, PH.D.

Josh Mitteldorf, PhD, has a background in theoretical physics. Since the 1990s, he is best known for his contributions to the biology of aging, including many articles and two books. He blogs for [ScienceBlog.com](#) about aging and related matters and [Experimental Frontiers](#) on subjects at the edge of scientific discovery. DataBETA is his present scientific project, a survey

study using methylation technology to evaluate anti-aging practices in common use. He is a writer in genres besides science: poetry, political commentary, and a bit of fiction. His “anti-blog” called [Daily Inspiration](#) has been posted continually since 2005. He lives in Philadelphia. His two grown daughters were among the first to be adopted from PRC in the 1980s.



Theorist specializing in computer simulations that demonstrate how natural selection can act on groups and communities.



PAUL EPPING, MSC

Paul Epping is a serial entrepreneur. Power list 200 Thought leaders to be followed in 2021-2022. Global keynote speaker. Foresight Mindset.

Background: clinical, psychology, philosophy, and information technology. Co-Founder and Chairman of Xponential, a transformation and foresight company based in Dubai. Chairman Dutch node of the Millennium Project. Double alumnus Singularity University and part of an extensive network of innovators, entrepreneurs. Former CIO of several hospitals in the Netherlands. Innovation, exponential technologies including

cybersecurity, exponential transformation, systemic and design thinking are red threads throughout his career. Member of the Dubai Future Forum, Futurist Think Tank.

International expertise in the selection, implementation, managing innovative information technology solutions, digital solutions in the healthcare sector multi-nationals, smart cities and FinTech. Parttime lecturer innovation, entrepreneurship, and design thinking. OpenExO Head coach exponential transformation. Executive coach (SCC™ certified). Digital nomad.



AWARD WINNING Executive & Company Transforming Coach. Chairman Xponential || Top 200 Leadership Thought Leader 2021/2022.



JACOB SPIELGEL

I am a student starting college school looking for ways to advance my interests and discover new ones. I'm a lover of all things Biotechnical, Nanotechnological, Weight Training, French, Historical, Pedagogical, Innovative, and Humanitarian. I research extensively in bio

medicine and compete in the STEM world, as well as teach people ages four to seventeen in Math, Science, English, and French. No matter which career paths I choose for myself, I know that I'll be striving to help the individuals and the world around me through it.



BioEng & MSE Major,
Researcher, UC Berkeley.



DAVID BRIN

David Brin is a scientist, tech speaker/consultant, and author. His novels about our survival and opportunities in the near future are *EARTH* and *Existence*. A film by Kevin Costner was based on *The Postman*. His 16 novels, including *NY Times Bestsellers* and *Hugo Award winners*, have been translated into more than twenty languages. *Earth*, foreshadowed global warming, cyberwarfare and the world wide web. An advisor to NASA's Innovative & Advanced Concepts program,

David appears frequently on shows such as *Nova* and *The Universe and Life After People*, speaking about science and future trends. His first non-fiction book — *The Transparent Society: Will Technology Make Us Choose Between Freedom and Privacy?* — won the *Freedom of Speech Award* of the *American Library Association*. His second nonfiction book is *VIVID TOMORROWS: Science Fiction and Hollywood* (2021).




Author, Futurist, Public
Speaker.



ELSA LOGARINHO, PH.D.

E. Logarinho has extensive experience in the field of Molecular and Cellular Biology of Mitosis. E. Logarinho graduated in Biochemistry by the Faculty of Sciences, University of Porto (1990-1994). In 2002, E. Logarinho completed her PhD in Biomedical Sciences by the University of Porto (1997-2002). During her PhD, E. Logarinho developed advanced knowledge in cell division under supervision of C.E. Sunkel, with particular focus in two major mitotic kinases, Polo and BubR1, using *Drosophila* as model system. Two major publications arose from her PhD that have been highly cited (*J Cell Sci* 1998; *J Cell Biol* 1999), and her thesis was honoured with the Jacinto Magalhães Prize 2001. After her PhD, E. Logarinho embraced a full-time Academic career in the Health Sciences University, ISCS-N/CESPU (2002-2006), while maintaining her collaboration with Sunkel lab at IBMC (*J Cell Sci* 2004). In 2007, E. Logarinho joined the Health Sciences School/ICVS Research Institute in Minho University as a full-time Assistan

Professor, and pursued her research in Mitosis (*Mol Biol Cell* 2008; *Cell Cycle* 2008). Additionally, collaborated in several research projects from different scientific areas having co-authored 7 papers (2007-2011). In 2009, E. Logarinho returned to a full-time research activity, and joined the Chrom Instability and Dynamics lab headed by H. Maiato, with a Ciência 2008 position. Her work on mitotic spindle multipolarity was published in *Nat Cell Biol* 2012 and recognized with the Pfizer Prize 2011 and the SPGH Prize 2013. In the last three years, E. Logarinho established novel independent research lines using human primary fibroblasts as model system, which aim to address how aging and aneuploidy compromise mitotic fidelity. In July 2013, E. Logarinho started her own research group at IBMC. E. Logarinho published 20 papers in international peer review journals with an accumulated impact factor of 132,4 (average IF of 6,6), 774 citations (average of 38,7) and h-index 12.



Group Leader at IBMC - Instituto de Biologia Molecular e Celular.

DOMENICO SCIAJNO

Born in Torino, now based in Palermo (Italy), Domenico Sciajno studied 'Instrumental and Electronic Composition' and Double bass in the 'Royal Conservatory' of Den Haag in Holland.

Sciajno is a long-standing experimentalist involved in the world of digital music and arts. His interest for improvisation combined with the influences of an academic education brought his research to the creative possibilities for interaction between acoustic instruments, indeterminacy factors and their live processing by electronic devices or computers. The wide spectrum of his experience brings him very close to the concept of performance, where he uses texts and electronics in combination with a choreographic use of the scene space and the projection of visuals made by himself.

His audiovisual compositions and performances bring visual and sonic material together using a completely personal and innovative perspective. In Sciajno's language, field recording and computer-generated processes coexist in synergetic relations, opening the doorway to an imaginary world where complexity and simplicity alternate and combine in a mesmerizing and abstract symbiosis.

From 1992 he has been present as interpreter, improviser and composer in major international music and media arts festivals like, among others, Ars Electronica (Linz), Transmediale (Berlin), Donaueshingen Miziktagen (Germany), Musique Action (Nancy), Experimental Intermedia (New York), Electrofringe (Newcastle-Australia), Gaudeamus Music (Amsterdam), CalArts Festival (Los Angeles).

He gave lectures and workshops in some of the most renowned and qualified faculties/institutions worldwide, among others: Ecole des beaux arts (Nantes), D.A.M.S. (Torino), Polytechnic Institute (Troy NY), Harvestwork (New York), SAIC art school (Chicago), Sidney Conservatorium, RMIT Univ. (Melbourne), Royal College of Art (London), DMARK Univ. (Limerick), CalArts (Los Angeles).

Since 2004 he has a position as professor of Electronic Music in Italian Conservatories of music teaching in Trapani (2004/12), Roma (2012/13) and Torino (2013/14).

His musical and audio releases are documented by worldwide established or independent labels of experimental and electronic music.



Musician at ASD.

WILLIAM FALOON

Since 1980, Bill Faloon and The Life Extension Foundation have uncovered pioneering approaches for preventing and treating the diseases of aging.

These avant-garde advances were meticulously chronicled in Life Extension's publications many years before conventional doctors recognized them. In order to enlighten supporters to these life-saving therapies, Bill Faloon compiled a 1500-page medical reference book titled Disease Prevention and Treatment that is now in its 5th printed edition.

To educate the public about Life Extension's innovative medical protocols, Bill Faloon has been featured in hundreds of media appearances including The Phil Donahue Show, The Joan Rivers Show, Tony Brown's Journal, ABC News Day One, and Newsweek magazine. A review of what Bill Faloon and The Life Extension Foundation has accomplished over the past 37 years reveals just how badly conventional medicine lags behind life-saving scientific advances. Bill Faloon has authored books exposing the atrocities committed against the American public by FDA bureaucrats, including Pharmocracy, which reveals how corrupt deals and misguided medical regulations are bankrupting America and what can be done to resolve it. Back in 1980, few scientists believed that anything could be done to prevent the degenerative effects inflicted by aging.

To counter this misconception, William Faloon pointed

to then-current scientific studies showing that it was possible to prevent some age-related diseases and to slow the aging process itself, at least in animals. He argued that if enough funds were committed to research, therapies to retard human aging could be developed that would result in the greatest revolution in medical history. Being controversial carries a heavy price. The federal government raided his facilities twice, initiated an 11-year criminal investigation, and threw him and Saul Kent in jail in 1991. When the FDA conducted its first armed raid in 1987, the Life Extension Foundation had only 4,000 members.

Thanks to publicity generated by the FDA's actions, this number grew to 25,000 members by the time his criminal indictments were dismissed in 1995. LEF now has over 300,000 supporters to whom it mails its monthly Life Extension Magazine. Support for the nonprofit Life Extension Foundation is at an all-time high because people are becoming aware that recommendations published by Life Extension in the early 1980s are now scientifically validated and many even accepted by the medical establishment.

Bill Faloon's priority today is accelerating regenerative medicine research projects. Based on published findings in animal models and preliminary findings in people, there may already exist methods to systematically reverse biological aging. Bill Faloon's will provide an update on these rejuvenation initiatives during his Healthy Masters talk on December 2, 2017.



Co-Founder Life Extension
Buyers Club, Inc. and Society
for Rescue of Our Elders (RescueElders.org).



GREGORY FAHY, PH.D.

Dr. Fahy received his Ph.D. in pharmacology and cryobiology from the Medical College of Georgia in 1977 and worked at the American National Red Cross on kidney banking at cryogenic temperatures (cryopreservation) from 1977-1995.

He worked at the Naval Medical Research Institute and served as the Chief Scientist of two biotechnology companies from 1995-1997, until moving to California to join 21st Century Medicine (21CM) in 1998, where he rapidly became the Chief Scientific Officer (CSO) and Vice President of the company. While he is mostly known for his work on fundamental cryobiology and kidney cryopreservation, he has also had a lifelong fascination with the biology of aging, and in 2010 published a multi-authored book called "The Future of Aging: Pathways to Human Life Extension" as the editor-in-chief.

In addition to continuing to serve as the CSO of 21CM, Dr. Fahy is currently conducting a human clinical trial of aging reversal based at Stanford University, the focus being on reversal of human immune system aging, which is believed to be a major cause of death and illness in people over the age of 65. Some notable recent accomplishments include publication of the first paper demonstrating survival of a kidney after cooling to -130°C , rewarming, and transplantation; the winning, with coworker Robert McIntyre, of the Small Mammal Brain Preservation Prize; the achievement of institutional and FDA approval for his first human clinical trial; and four months of progress in his clinical trial to date with no serious side effects, and with great enthusiasm on the part of trial volunteers.

Future plans include demonstrating greatly improved methods of organ banking, the elimination of human autoimmune disorders, and the elimination of transplant rejection.



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05. You learn about the best age-reversing medicine and technologies (often before they are publicly available).
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